



## HCHC responds proactively to pandemic

The challenges caused by the 2019 Novel Coronavirus (COVID-19) have been experienced worldwide, all the way down to the local level. No one is exempt from the virus as it has impacted so many areas of our lives.

Henry County Health Center has been among the many hospitals navigating this pandemic while keeping your health and safety our top priority. We created new processes for the safety of everyone who enters the health center, and collaborated with community and regional health partners to offer COVID-19 resources to area residents. This all occurred while we continued to serve the healthcare needs of our communities.

Unfortunately, the virus is still present and the situation remains fluid. HCHC processes will continue to evolve to meet changing healthcare needs. The good news is that you don't have to be in healthcare to help fight COVID-19.

## Simple mitigation efforts like wearing facemasks, good hand hygiene, social distancing, and staying home when sick can help slow and stop the spread of the virus.

While all HCHC ancillary and outpatient services have resumed, we do have processes in place to help ensure your health and safety. Safety requirements include: limiting entrance points into the health center, requiring facemasks and screening of everyone who enters the facility, changes to the visitation policy, pre-op COVID-19 testing for all surgery patients, and personal protective equipment (PPE) worn by all healthcare providers.

HCHC continues to follow updated recommendations from the Centers of Disease Control (CDC) and Iowa Department of Public Health (IDPH). By working closely with Henry County Public Health officials who monitor virus activity within our county, changes are made at the health center when needed for your protection. Updated COVID-19 related processes are found at [www.hchc.org/covid-19-local-information](http://www.hchc.org/covid-19-local-information). For questions about the virus, call the COVID-19 Call Center at 800-871-3313.

**HENRY COUNTY HEALTH CENTER**  
**HEALTH UPDATE**  
**SEPTEMBER-DECEMBER 2020**

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**HENRY COUNTY**  
**HEALTH CENTER**  
CARE YOU TRUST. COMPASSION YOU DESERVE.

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Editor: Shelley L. Doak  
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“All of us can play a key role in continuing to mitigate the impact of COVID-19 on our community.”

Hi everyone. I hope this edition of Health Update finds you and your family safe and healthy during these unprecedented times over the last five months.

I would like to start by thanking all of our associates, medical staff, HCHC Board of Trustees and our local Henry County Public Health officials for all of their hard work and long hours in caring for our patients and community since our lives were impacted by COVID-19. We all have made many adjustments in our personal and professional lives since the pandemic began in 2020. I know many changes have occurred as well for delivery of health care services. We appreciate your understanding and support of changes such as use of virtual visits, changing visitor policies, answering screening questions as well as wearing masks. Throughout the last five months the ability to change and adapt based on the current landscape has been consistent. All of us can play a key role in continuing to mitigate the impact of COVID-19 on our community. We can all take an active step forward by wearing a mask, practicing frequent hand hygiene and maintaining social distancing. By incorporating these three steps in our lives, we help keep others and those closest to us safe and healthy.

I know we all have been impacted by COVID-19. Businesses, events and lives have been changed. I continue to be impressed by the resiliency, ability to adapt to all of these changes and the response of our community. The health center has incorporated many new processes, policies and work flows to keep everyone safe while receiving services at the health center. Our services have resumed and we are pleased to provide great care to those who are in need. Rest assured that HCHC will continue to monitor

the situation with COVID-19 and stay current with CDC and Iowa Department of Public Health recommendations to ensure the health and safety of all who enter the health center. For updates on HCHC processes and procedures related to COVID-19, visit our web site at [www.hchc.org/covid-19-local-information/](http://www.hchc.org/covid-19-local-information/).

I would like to close by thanking all of you – our patients and elders – for trusting us to meet your health care needs here locally.

We hope we always achieve our goal of providing an outstanding experience each and every single time we care for you and your family. I would also like to express my gratitude for all of the generous donations that have been given to the health center during this time. We are grateful for the businesses, organizations and individuals that have provided personal protective equipment (PPE), meals, treats, and more. Thank you to everyone for your continued support as we navigate these challenging times.

Take care and thank you,  
Robb Gardner, CEO

# Physicians & Clinics of HCHC meets health needs of area residents

## Services offered for acute care, primary care and women’s health

Physicians & Clinics of HCHC is here to meet the healthcare needs of Henry County and Southeast Iowa. The Mt. Pleasant Clinic now offers acute care services to meet your urgent healthcare needs. Same day appointments are available and preferred, but walk-ins are also accepted. Patients are seen in the clinic for acute respiratory illnesses like COVID-19, along with other urgent healthcare needs.

Physicians & Clinics also offers primary care clinics in Mt. Pleasant, New London, Wayland and Winfield. In addition, women’s health services are provided in the Mt. Pleasant clinic, with prenatal and postpartum services provided by experienced certified nurse-midwives with delivery at Great River Medical Center.

All four of our rural health clinics are committed to meeting the healthcare needs of the region and we are accepting new patients! Call 319-385-6540 to schedule appointments.

To learn more about the services provided at Physicians & Clinics of HCHC, listen to an interview with Dr. Joel Ryon, Medical Director of Physicians & Clinics of HCHC, and Trina Smith, ARNP: [www.youtube.com/watch?v=pups21\\_biy0](http://www.youtube.com/watch?v=pups21_biy0). Also, for more information and to view a list of services offered, go to [www.hchc.org/health-services/physicians-and-clinics-of-hchc](http://www.hchc.org/health-services/physicians-and-clinics-of-hchc). For examples of acute care, primary care and emergency care, refer to the graphic below.

 <p><b>ACUTE CARE SERVICES</b> Appointments Preferred</p> <p>Seeing patients for:</p> <ul style="list-style-type: none"> <li>❖ Fever or shaking chills</li> <li>❖ Cough</li> <li>❖ Respiratory issues</li> <li>❖ Diarrhea, Vomiting</li> <li>❖ Headache</li> <li>❖ Abdominal pain</li> <li>❖ Sore throat</li> <li>❖ Minimal Acute Care treatment (including stitches, sprains, strains, UTIs &amp; rashes)</li> </ul> <p><b>FOR APPOINTMENTS</b> <b>CALL 319-385-6540</b></p>	<p>VS.</p>	 <p><b>PRIMARY CARE CLINIC</b> By Appointment Only</p> <p>Seeing patients for:</p> <ul style="list-style-type: none"> <li>❖ Routine visits</li> <li>❖ Well child exams</li> <li>❖ Adult annual exams</li> <li>❖ Women’s Health Services</li> <li>❖ DOT physicals</li> <li>❖ Management of chronic medical issues</li> </ul> <p>PHYSICIANS &amp; CLINICS of HCHC</p> <p><i>With clinics in Mt. Pleasant, Wayland, Winfield, and New London</i> <i>Call 319-385-6540 for appointments</i></p>	<p>VS.</p>	 <p><b>EMERGENCY ROOM</b> 24/7 Care</p> <p>Visits include, but not limited to:</p> <ul style="list-style-type: none"> <li>❖ Severe Allergic reactions</li> <li>❖ Broken bones, fractures and dislocations</li> <li>❖ Head or eye injuries</li> <li>❖ Chest pain</li> <li>❖ Continuous bleeding and deep or large wounds</li> <li>❖ Severe shortness of breath</li> <li>❖ Arm or leg weakness or pain</li> <li>❖ Unconsciousness</li> <li>❖ Suspected heart attack or stroke</li> </ul>
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# HENRY COUNTY HEALTH CENTER

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407 South White Street  
Mount Pleasant, IA 52641

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## FOUNDATION

### Generous donors respond during pandemic

The Henry County Health Center Foundation remains very grateful for the kindness and generosity of our donors. Despite suffering the cancellations of the planned Music Trivia and Costume Contest in April, and the highly successful Annual Golf Benefit, the HCHC Foundation saw substantial contributions through the COVID-19 pandemic.

In addition to corporate contributions of face shields and face masks for our frontline staff from companies including MD Orthopaedics of Wayland, Matrix Circuits of New London, and Hearth and Home of Mount Pleasant, we also received face masks from Continental Contitech of Mount Pleasant and Siemens in Fort Madison, and a donation of face shields from Lions Club International. The Friends of HCHC came through with a generous contribution to purchase additional personal protective equipment for the health center. Our associates across the health center have received lunches, treats, snacks and gifts as a result of contributions from various donors. One anonymous donor even purchased numerous cloth masks for each associate for their comfort.

Extraordinary times give birth to extraordinary actions. And in light of the gifts we've received so far this year, the HCHC Foundation would like to thank our compassionate and caring donors for their thoughtfulness and cheerful giving as we navigate 2020 together.

For more information about HCHC Foundation, contact Foundation Director Mark Hempen at 319.385.6541 or email [hempenm@hchc.org](mailto:hempenm@hchc.org).

### PHYSICIANS & CLINICS of HCHC

#### Mt. Pleasant Clinic

407 S. White Street, Suite 103  
Mt. Pleasant, IA 52641  
319.385-6770

#### Clinic Hours:

Mondays-Fridays:  
9 a.m. – Noon; 1-5 p.m.

#### New London Clinic

111 W. Washington St.  
New London, IA 52645  
319.367.2241

#### Clinic Hours:

Mondays, Tuesdays, Thursdays, Fridays:  
8 a.m.-Noon; 1 p.m.-4 p.m.  
Wednesdays: 8 a.m.-Noon

#### Wayland Clinic

227 W. Main, Suite 1  
Wayland, IA 52654  
319.256.7100

#### Clinic Hours:

Mondays & Thursdays:  
8:30 a.m.-Noon; 1-5 p.m.  
Wednesdays: 8:30-11:30 a.m.

#### Winfield Clinic

110 W. Pine, Winfield, IA 52659  
319.257.6211

#### Clinic Hours:

Tuesdays & Fridays:  
8:30 a.m.-Noon; 1-5 p.m.  
Wednesdays: 1-4 p.m.

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