

# SHAMROCK SHUFFLE

Get Your Green On!

Saturday, March 16  
10 a.m.  
Crapo Park  
Burlington, Iowa



*A St. Patrick's Day Themed 5K Run/Walk to benefit junior high after school programs*

### Event Information:

If you have heard of The Color Run™, you are going to love this! Participants will run or walk through bursts of color along this festive course. Your event shirt, or other white shirt of your choice, will become a colorful souvenir by the completion of the course. Whatever you choose to wear will become covered with a rainbow of colors, so dress accordingly. Our leprechauns will not throw their "magic leprechaun dust" directly in your face, but you may want to cover your mouth and protect your eyes by wearing sunglasses or goggles as you run through the color zones. The colored dust is food grade powder and safe for human consumption. Bring along a towel or garbage bag to protect your car interior as you travel home.



This is a non-timed event. Pets are not allowed. The Shamrock Shuffle will take place rain or shine; no refunds. Light snacks and entertainment for participants will be available following completion of the course.



### Registration:

The entry fee, which includes a white, long-sleeve shirt, is \$20 through Friday, March 1; \$25 after March 1. Youth 12 and under can pre-register for \$15 through Friday, March 1. Entry forms will be accepted the day of the event, but shirts are not guaranteed. Register from 8:30 – 9:45 a.m. Saturday, March 16, at the Horseshoe Shelter House just off Madison Avenue.

I cannot participate but I am making a contribution of \$ \_\_\_\_\_.



Name: \_\_\_\_\_ Age on March 16 \_\_\_\_\_ *Circle One*  
Female Male

Address, City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_ *Circle One*  
Run Walk

Shirt size (circle one): **Youth** 6 to 8 10 to 12 14 to 16 **Adult** S M L XL 2X



Please send entry form and check payable to Greater Burlington Partnership, 610 N. 4<sup>th</sup> St., Suite 200, Burlington, IA 52601.

**Entry form must be postmarked by Friday, March 1, for registration discount.**

WAIVER: By my signature I (for myself, representatives) declare full responsibility for myself during participation in the Shamrock Shuffle. Furthermore, I waive and release any and all claims for damages against the City of Burlington, Greater Burlington Partnership, event officials, workers, and volunteers for any and all injuries I may sustain in connection with this event.

Signature: \_\_\_\_\_ Date \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_  
(Parent or guardian's signature required if runner is younger than 18 years old.)