

# Diphenhydramine (Benadryl®) Product Dosage



**DOSE** — Give your patient the dose indicated below every 4-6 hours as needed. Do not give more than 4 doses in 24 hours. Use weight for dose.

ml = milliliter tsp = teaspoon	<b>Children's Liquid</b> (12.5 mg)	<b>Chewable Tablets</b> (12.5 mg/tablet)	<b>Tablets</b> (25 mg/tablet)
<b>Weight (lbs)</b>			
17 to 21	3.75 mL (.75 tsp)		
22 to 32	5 mL (1 tsp)	1 tablet	
33 to 42	7.5 mL (1.5 tsp)	1.5 tablets	
43 to 53	10 mL (2 tsp)	2 tablets	1 tablet
54 to 64	12.5 mL (2.5 tsp)	2.5 tablets	1 tablet
65 to 75	15 mL (3 tsp)	3 tablets	1 tablet
76 to 86	17.5 mL (3.5 tsp)	3.5 tablets	1 tablet
Over 86	20 mL (4 tsp)	4 tablets	2 tablets

For fevers greater than 103° F, it is reasonable to alternate Ibuprofen and Acetaminophen every 3 hours.  
(Example: 8 a.m. – Acetaminophen, 11 a.m. – Ibuprofen, 2 p.m. – Acetaminophen, etc.)